Finding the Balance in Managing Chronic Pain

Hosted by the Primary Health Care Opioid Response Initiative grant and the Calgary West Central Primary Care Network.

Consult with the experts in chronic pain management and opioid therapies. A panel Q&A discussion will be following four key presentations, centered around patient care for chronic pain.

According to Health Canada, one in five Canadians live with chronic pain, and 50 per cent of those patients have been living in pain for more than a decade.

Effective chronic pain management at the primary care level will support positive patient outcomes, take the burden off emergency departments, and will reduce overall healthcare system costs. Health Canada’s Canadian Pain Taskforce Report (June 2019) projects $60B annually (direct and indirect costs).

Some chronic pain patients feel abandoned by their primary care providers due to fears around prescribing opioids. Some family physicians are avoiding the situation by refusing to take on chronic pain patients, which has contributed to patient distress (pushing some patients towards self-harm). Underdosing is as important of a subject as overdosing, and as medical professionals, we must not ignore the harm that may come from underdosing.

Learning objectives
- Confidently discuss the pros and cons of opioids with your patients
- Understand initiating an opioid taper with patient involvement
- Review best practices to manage chronic pain and improve function
- Identify resources available in the community
- Learn the CPSA perspective on providing quality care to chronic pain patients

Venue
- Holiday Inn & Suites Calgary South (Conference Centre)
  8360 Blackfoot Tr. S.E.

RSVP deadline
- RSVP by: Tuesday, Feb. 25

Buffet dinner included.
Maximum of 200 attendees.

SIGN UP

Or email: susan.carey@scpcn.ca
Presenters

Dr. Yasmeen Majeed MD, CCFP (COE), LMCC, FCFP

Dr. Yasmeen Majeed is President for the Alberta Medical Association’s (AMA) Section of Chronic Pain and is a pain consultant at the Chronic Pain Clinic in Calgary. Dr. Majeed serves as Medical Director at AgeCare Midnapore and AgeCare Glenmore in Calgary, is a Clinical Assistant Professor with the Department of Family Medicine at the University of Calgary and is the President and Founder of the Canadian Global Care Society. Dr. Majeed is also involved with a hospital project in Northern Pakistan, and other health projects within Canada. Dr. Majeed completed her medical training at Dow Medical University in Karachi, Pakistan, and went on to complete her Gerontology Certification from Mount Royal University in Calgary. Dr. Majeed completed both a residency in family medicine and in palliative care at the University of Calgary.

Dr. Lori Montgomery, MD CCFP FCFP

Dr. Lori Montgomery is a family physician and Clinical Associate Professor with the Departments of Family Medicine and Anesthesiology, Perioperative and Pain Medicine at the Cumming School of Medicine, University of Calgary. Dr. Montgomery completed a chronic pain fellowship program in Calgary, which included headache, pelvic pain, neuromusculoskeletal pain and palliative home care. Her clinical practice includes patients with neuromusculoskeletal pain, headache and problem medication use at the Chronic Pain Centre and hospital in-patients with the Chronic Pain Consult Service at Foothills Medical Centre, Rockyview General Hospital, South Health Campus and Peter Lougheed Centre. Dr. Montgomery is a Medical Leader of the Calgary Pain Program, and is involved in teaching of medical students, residents, and practicing professionals.

Dr. Marc Klasa, MD CM, LMCC, CCFP

Dr. Marc Klasa is a graduate of McGill University Faculty of Medicine in 1995, and completed his Specialty in Family Medicine at the University of Alberta in 1997. He has been practicing general Family Medicine in northeast Calgary since 1998, with a heavy interest in chronic non-cancer pain management and diabetes management. Dr. Klasa was the founding President of the Pain Society of Alberta and held this post from 2006 to 2008. Dr. Klasa is the current Past-President of the Alberta Medical Association - Section of Chronic Pain and is Past-Chairman of the Alberta College of Family Physicians Annual Scientific Assembly Conference. Dr. Klasa coordinates all medical pain management at the Caleo Chronic Pain Clinic in northwest Calgary and has done so for more than a decade. Dr. Klasa also held an academic appointment in the Department of Family Medicine in the Faculty of Medicine at the University of Calgary since 2014, and is involved in teaching of medical students, residents, and practicing professionals.

Dr. Scott McLeod, MD, LMCC, CCFP

Dr. Scott McLeod is in his third year as the College of Physicians and Surgeons of Alberta (CPSA) Registrar. Within a short timeframe during his tenure with the CPSA, Dr. McLeod fostered a culture of learning and continuous quality improvement, creating a strong team. Together with his team, CPSA supports doctors in their efforts to continuously improve patient care in Alberta. Dr. McLeod also contributes nationally as the incoming president of the Federation of Medical Regulatory Authorities of Canada (FMRAC) and is the Chair of the FMRAC working group on Artificial Intelligence (AI). He is also a member of the Medical Council of Canada Board Executive. Prior to joining the CPSA, Scott spent just under 27 years with the Canadian Armed Forces, where he led healthcare teams, planned, developed and executed strategic, operational and tactical level plans in a wide variety of health fields. Dr. McLeod received his MD from the University of Saskatchewan in 1993, and his CCFP in 1995 and completed a specialty in Aerospace medicine with the US Air Force in 2005. He has a Master of Public Health from the University of Texas and a Master of Public Administration from the Royal Military College.

Evening agenda

Tuesday, March 3

- 5:30 p.m.
  Sign in, networking, and buffet dinner
- 6 p.m.
  Welcome address
  Dr. Yasmeen Majeed
- 6:05 p.m. - 6:40 p.m.
  Managing Chronic Pain in Primary Care
  Dr. Lori Montgomery
- 6:40 p.m. - 7:05 p.m.
  Addressing the Challenges
  Dr. Marc Klasa
- 7:05 p.m. - 7:30 p.m.
  The College Perspective
  Dr. Scott McLeod
- 7:30 p.m. - 8 p.m.
  Panel Q&A
  Dr. Majeed, Dr. Montgomery, Dr. Klasa and Dr. McLeod
- 8 p.m.
  Wrap-up and closing remarks